

Special Report

\$3.00

Explaining FDA Statements on Dietary Supplement Bottles

*Helping People Improve
Their Health Naturally
Since 1998*

By Keith D. Bishop, Clinical Nutritionist, B.Sc. Pharmacy, Health Coach©

Natural Cancer Reports

9612 N. May Avenue, Oklahoma City, OK 73120

phone 405.936.3333 fax 866-594-1901

www.NaturalCancerReports.com

FDA Statements on Dietary Supplement Bottles

Natural Cancer Reports provides research based, referenced, time saving, economical, information on natural products and various health issues for doctors and the public. My busy schedule, writing and loyal clientèle allows me to accept a limited number of new clients. If you have a serious need for more information and assistance, I'm available for personalized, comprehensive, evaluations, recommendations and consultations for many health issues including cancer. You may call my office at 405-936-3333 to schedule your appointment.

FDA (Food and Drug Administration) statements on supplement labels.

You will notice the following statements on dietary supplement labels:

“This product is not intended to treat, diagnose, or cure any disease. These statements have not been evaluated by the FDA.”

The Dietary Supplement Health and Education Act (DSHEA) of 1994 places dietary supplements in a category under “foods,” not drugs, and requires that every supplement be labeled as a dietary supplement. The FDA does not regulate this industry.¹

While pharmaceutical companies are required to prove the safety or effectiveness of their products via FDA evaluation, supplement manufacturers are not, and the

1 http://www.fda.gov/CDAC/features/1998/598_guid.html, accessed August, 2008.

FDA can take action only after a dietary supplement has been proven harmful.²

Dietary supplements are permitted to make structure/function claims on labels and in product information. These are broad claims that the product can support the structure or function of the body (e.g., "glucosamine helps support healthy joints", "the hormone melatonin helps establish normal sleep patterns").³

As you know food, dietary supplements and lifestyle do have functions and effects in the body. The FDA has not evaluated the statements and information on dietary supplements, does not allow the products to be used to treat, diagnose or cure any disease and will now allow health claims to be made.

Pharmaceutical drug companies also recognize the importance of dietary supplements and of course the monetary profits available. Drug companies own a few dietary supplement companies. Some drug companies supply the dietary supplement industry with raw vitamin ingredients while others make the actual vitamin products. Several drug companies have their own vitamin line. As of August, 2008, Lederle® makes Centrum®, Mead-Johnson® makes Theragran-M®, Wyeth® makes Caltrate®, **Pfizer®** makes **Pet Vitamins** and Bayer® makes Citracal®.

Most medications and cancer chemotherapy drugs are either natural products or derived from natural products. Development of dietary agents as

2 Goldman P., "Herbal medicines today and the roots of modern pharmacology". *Ann. Intern. Med.* 135, 2001, (8 Pt 1): 594–600.

3 http://en.wikipedia.org/wiki/Dietary_supplement accessed, August, 2008.

FDA Statements on Dietary Supplement Bottles

chemotherapy is particularly attractive because of their relative lack of toxicity, and encouraging results from human population studies.⁴

In June 2008 a natural product longevity research company actively developing two Resveratrol-based compounds was purchased by the drug company Glaxo Smith-Kline for \$720 million dollars.

**Yes, that's almost ¾ of a billion dollars for the rights to a dietary supplement!⁵—
Enough said.**

Quality Dietary Supplements

Quality may be an issue with some dietary supplement manufacturers.

Additional information on Quality Dietary Supplements is available at www.NaturalCancerReports.com.

Additional Natural Cancer Reports are available at
www.NaturalCancerReports.com.

Helping people improve their health naturally since 1998.

4 Manson MM, Farmer PB, Gescher A, Steward WP, Innovative agents in cancer prevention. *Recent Results Cancer Res.* 2005;166:257-75. Review.

5 <http://www.nytimes.com/2008/04/23/business/23wine.html> accessed August, 2008.